



UOAA's 8th National Conference
August 10-12, 2023
Royal Sonesta Galleria Houston
Houston, TX

CONFERENCE PROGRAM

Please note the dates, times and topics are subject to change leading up to the Conference.

Four Tracks this Year – follow the colors!

Young Ostomates	ASG	Caregivers	Pediatric
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Wednesday, August 9th

Time	Event/Workshop Topic
1:00pm to 3:00pm	UOAA Board of Directors Meeting & Strategic Plans (open to the public)
2:00pm to 7:00pm	<i>Conference Registration Open</i>
2:00pm to 5:00pm	<i>Hospitality Area Open</i>

Thursday, August 10th

Time	Event/Workshop Topic
6:30am to 7:15am	<i>Morning Exercise with Collin Jarvis</i>
7:30am to 6:00pm	<i>Conference Registration Open</i>
7:30am to 5:00pm	<i>Hospitality Area Open</i>
7:30am to 8:45am	<i>Continental Breakfast served on second level Champion Balcony</i>
8:00am to 5:00pm	<i>Free Stoma Clinic with Wound, Ostomy and Continence (WOC) Nurses Open (Appointments made at Registration Desk)</i>
8:00am to 9:00am	First Timers Orientation with Susan Burns
8:00am to 9:00am	Nurse Education Class (CE credits apply): Introduction to Ostomy Management: Ostomy 101 with WOC Nurse Joy Hooper
8:00am to 9:00am	Colorectal Cancer Update with Dr. Benny Johnson and Allison Rosen
8:00am to 9:00am	ASG Track: Make Your ASG Meetings More Successful with Steve Vandevender, Amie Leigh Reece and Cari-Lyn Lane
8:00am to 9:00am	The Truth About Hernias: Hernia Management with Dr. John Heryer
8:00am to 9:00am	Young Ostomates Track: Meeting Room Open
9:15am to 10:45am	<i>Opening Ceremonies: Greetings from UOAA with Featured Keynote Speaker – Magen Cherry</i>
11:00am to 12:30pm	What's New in the Ostomy World with WOC Nurse Joy Hooper
11:00am to 12:30pm	Basic Ileostomy with Dr. Joga Ivatury and WOC Nurse Brandon Hill, followed by Meet and Greet with John Kasza
11:00am to 12:30pm	Basic Colostomy with Dr. David Beck and WOC Nurse Robin Bivin, followed by Meet and Greet with Diana Kasza
11:00am to 12:30pm	ASG Track: Big Ideas to Bring Life to Your Meeting with Steve Vandevender, Amie Leigh Reece and Cari-Lyn Lane

11:00am to 12:00 Noon	Nurse Education Class (CE credits apply): Managing Peristomal Skin Issues with WOC Nurse Linda Coulter
11:00am to 12:30pm	Young Ostomates Track: Meet and Greet with Molly Atwater-Pulisic and Collin Jarvis
12:30pm to 1:30pm	Nurse Education Class (CE credits apply): The Ostomy Nurse Tool Box: Hands-On Pouching and Product Session with WOC Nurse Linda Coulter
1:30pm to 2:30pm	Making Illness Refine You, Not Define You with Adam Katz
1:30pm to 2:30pm	Nurse Education Class (CE credits apply): A Day in the Life – Living with an Ostomy Panel Discussion with WOC Nurse Linda Coulter
1:30pm to 2:30pm	Young Ostomates Track: Ostomy FAVE Things with Alyssa Zeldenrust, Chloe Moody and Nate Hadlock
1:30pm to 3:00pm	Basic Urostomy with WOC Nurses Laura Kaiser and Marisa Meyer followed by Meet and Greet with Steve Vandevender
1:30pm to 3:00pm	Basic Continent Diversion with Dr. Joga Ivatury and WOC Nurse Brandon Hill followed by Meet and Greet with John Kasza
2:45pm to 6:30pm	Exhibit Hall and Book Nook Open

All Attendees are Invited to the President's Reception from 7:30 to 9:00pm

Friday, August 11th

Time	Event/Workshop Topic
7:30am to 6:00pm	Conference Registration Open
7:30am to 5:00pm	Hospitality Area Open
8:00am to 5:00pm	Book Nook Area Open
8:30am to 1:00pm	Exhibit Hall Open – Boxed Lunch served from 11:30am to 12:30pm
8:00am to 5:00pm	Free Stoma Clinic with WOC Nurses Open (Appointments made at Registration Desk)
8:45am to 10:00am	ALADO Board of Directors Meeting with Mariela Acero
8:45am to 10:00am	NCACOA Board of Directors Meeting with Susan Burns
9:00am to 11:00am	Young Ostomates Track: Meeting Room Open for Discussions
9:00am to 10:00am	Caregivers Track: Caring for a Male Rap Session (for Caregivers Only) with WOC Nurse Christine Eying and Diana Kasza
9:00am to 10:00am	Caregivers Track: Caring for a Female Rap Session (for Caregivers Only) with WOC Nurse Carley Porter and Zak Tretton
10:15am to 11:45am	Caregivers Track: Caregiver Stress – How to Cope (for Caregivers Only) with WOC Nurse Carley Porter and Licensed Clinical Social Worker Stephanie Brenner
10:15am to 11:45am	OAA Board of Directors Meeting with Martha de Nieves
1:00pm to 2:30pm	Living with IBD and Crohn's Disease – Panel Discussion with Dr. Bincy Abraham, WOC Nurse Margaret Goldberg, Stephanie Brenner, Tina Aswani Omprakash and George Salamy
1:00pm to 2:30pm	The Why's and How's of Irrigation with WOC Nurse Joy Hooper, Cheryl Ory and Jim Murray
1:00pm to 2:30pm	Short Bowel Nutrition with Registered Dietitian Nutritionist Gabriela Garner
1:00pm to 2:30pm	Diet & Nutrition Supplements and Pre/Pro Biotics with WOC Nurse and Registered Dietitian Judy Madura
1:00pm to 2:30pm	Young Ostomates Track: Mental Health Open Discussion moderated by Molly Atwater-Pulisic and Collin Jarvis
2:45pm to 3:45pm	IBD and Crohn's Disease Awareness with Dr. Richard Rood
2:45pm to 3:45pm	Mental Health with Licensed Clinical Social Worker Stephanie Brenner

2:45pm to 3:45pm	Ask the WOC Nurses with WOC Nurses Linda Coulter and Laura Kaiser
2:45pm to 3:45pm	Young Ostomates Track: Body Image & Confidence with Kimberly-Holiday Coleman
4:00pm to 5:00pm	Pain Management with Dr. David Beck
4:00pm to 5:00pm	Open LBGTQ+ Forum and Questions for Ostomates and Friends with WOC Nurse Linda Coulter
4:00pm to 5:00pm	ASG Track: How to Increase ASG Member Participation with Steve Vandevender, Amie Leigh Reece and Cari-Lyn Lane
4:00pm to 5:00pm	Body Image and Confidence with Kimberly Holiday-Coleman
4:00pm to 5:00pm	Young Ostomates Track: Exercise with Collin Jarvis

The Night is Yours to Explore Houston!

Saturday, August 12th

Time	Event/Workshop Topic
6:30am to 7:15am	<i>Morning Exercise with Collin Jarvis</i>
7:30am to 1:00pm	<i>Conference Registration Open</i>
8:00am to 12:00 Noon	<i>Free Stoma Clinic with WOC Nurses Open (Appointments made at Registration Desk)</i>
7:30am to 3:15pm	<i>Hospitality Area Open</i>
8:00am to 9:15am	Sexuality and Intimacy with Dr. Andrea Bradford
8:00am to 9:15pm	Ostomates Living with Two Ostomies with Jearlean Taylor
8:00am to 9:15pm	Ask the WOC Nurses with WOC Nurses Linda Coulter and Laura Kaiser
8:00am to 9:30am	Young Ostomates Track: Sexuality and Intimacy with Keagan Lynggard-Hysell
8:00am to 8:45am	Pediatric Track: Ask the Expert: Surgical Enterostomy Creation and Ileal Pouch-Anal Anastomosis (J-Pouch) Construction for Pediatric Ulcerative Colitis with Dr. Ruben Rodriguez
8:45am to 9:30am	Pediatric Track: Ask the Expert: Gastroenterology Care of the Pediatric IBD Patient with Dr. Allison Wyatt
9:30am to 10:45am	General Session: Healthier & Happier ~ Air Force Pilot Returns to Flying and His Loving Family after Ostomy Surgery with Joshua Nelson
9:45am to 10:45am	Pediatric Track: Dietary Considerations in the GI with Registered Dietitian Nutritionist Erika Kay
10:45am to 12:00 Noon	Pediatric Track: Clinical Communication with Providers and Transitioning from Pediatric Setting to Adult with Bridget Dorsey
11:00am to 12:00 Noon	ASG Track: ASG Leadership Success Stories with Steve Vandevender, Amie Leigh Reece and Cari-Lyn Lane
11:00am to 12:00 Noon	Medical Female Issues - Pelvic Floor Dysfunction After Surgery with WOC Nurse Joy Hooper and Registered Nurse Molly McPeek
11:00am to 12:00 Noon	Young Ostomates Track: Relationships with Maggie and Zak Tretton
1:00pm to 1:45pm	Pediatric Track: Home Life Management of the Enterostomy for the Pediatric Patient with IBD – A Parent’s Perspective with Julie Hubbard
1:00pm to 2:00pm	UOAA Today and Tomorrow with Cheryl Ory and Christine Ryan
1:00pm to 2:00pm	Show and Tell – What’s in Your Bag? Interactive Session - Part I with Bret Cromer
1:00pm to 2:00pm	Young Ostomates Track: Social Media in Advocacy with Kristen Furey, Jenny Harrison and Alicia Aiello
1:45pm to 2:30pm	Pediatric Track: Ostomy Complications and Pouching Techniques with WOC Nurse Maryanne Lewis

2:15pm to 3:15pm	UOAA National Advocacy: Ostomates are from Saturn, Medical Providers are from Jupiter! with Jeanine Gleba and Keagan Lynggard-Hysell
2:15pm to 3:15pm	Peristomal Skin Issues – How to Use the Peristomal Skin Assessment Guide for Consumers with WOC Nurse Margaret Goldberg
2:15pm to 3:15pm	Show and Tell – What’s in Your Bag? Interactive Session - Part 2 with Bret Cromer
2:15pm to 3:15pm	Young Ostomates Track: Parenthood with Megan Brown
2:45pm to 3:30pm	Pediatric Track: Ask the WOC Nurses with Barbara Richardson, and Sharon Wallace
3:30pm to 4:30pm	Traveling? You and the TSA with TSA Representative and George Salmay
3:30pm to 4:30pm	Youth Rally – You Are Not Alone with Emily Mallar
3:30pm to 4:30pm	Friends of Ostomates Worldwide-USA (FOW-USA): Making a Difference with FOW President, Cindy Barefield
3:30pm to 4:30pm	Young Ostomates Track: FAQs with Molly Atwater-Pulisic and Collin Jarvis
3:45pm to 4:30pm	Pediatric Track: Exercise and Activities for Children with Ostomies with Tenille and Rebekka Smith
4:45pm to 5:45pm	Closing Ceremonies with UOAA President Cheryl Ory



**Texas Themed
Evening of
Dancing, Drinks
and Desserts
Starting at
7:30pm!**

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