



**UOAA's 8<sup>th</sup> National Conference**  
**August 10-12, 2023**  
**Royal Sonesta Galleria Houston**  
**Houston, TX**

## **CONFERENCE PROGRAM**

*Please note the dates, times and topics are subject to change leading up to the Conference.*

**Three Tracks this Year – follow the colors!**

<b>Young Adults</b>	<b>Caregivers</b>	<b>Pediatric</b>
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### **Wednesday, August 9th**

<b>Time</b>	<b>Event/Workshop Topic</b>
1:00pm to 3:00pm	UOAA Board of Directors Meeting & Strategic Plans (open to the public)
2:00pm to 7:00pm	<i>Conference Registration Open</i>
2:00pm to 5:00pm	<i>Hospitality Area Open</i>

### **Thursday, August 10th**

<b>Time</b>	<b>Event/Workshop Topic</b>
6:30am to 7:15am	<i>Morning Exercise Program</i>
7:30am to 6:00pm	<i>Conference Registration Open</i>
7:30am to 5:00pm	<i>Hospitality Area Open</i>
7:30am to 8:45am	<i>Continental Breakfast served on second level Champion Balcony</i>
8:00am to 5:00pm	<i>Free Stoma Clinic with Wound, Ostomy and Continence (WOC) Nurses Open (Appointments made at Registration Desk)</i>
8:00am to 9:00am	Orientation for First Timers with Susan Burns
8:00am to 2:30pm	Nurses Educational Workshop (CEUs are currently being applied for)
8:00am to 9:00am	Colorectal Cancer Update
8:00am to 9:00am	The Truth About Hernias
8:00am to 9:00am	Make Your ASG Meetings More Successful with Steve Vandevender and Amie Leigh Reece
8:00am to 9:00am	Young Adults Track: Meeting Room Open
9:15am to 10:45am	<i>Opening Ceremonies: Greetings from UOAA with Featured Keynote Speaker – Magen Cherry</i>
11:00am to 12:30pm	What's New in the Ostomy World with WOC Nurse Joy Hooper
11:00am to 12:30pm	Basic Ileostomy with Dr. Joga Ivatury and WOC Nurse Brandon Hill, followed by Meet and Greet with John Kasza
11:00am to 12:30pm	Basic Colostomy with Dr. David Beck and WOC Nurse Robin Bivin, followed by Meet and Greet with Diana Kasza
11:00am to 12:30am	ASG Leadership Big Ideas to Bring Life to Your ASG with Steve Vandevender and Amie Leigh Reece

11:00am to 12:30pm	Young Adults Track: Meet and Greet With Molly Atwater-Pulisic and Collin Jarvis
1:30pm to 2:30pm	Making Illness Refine You; Not Define You with Adam Katz
1:30pm to 2:30pm	Young Adults Track: Ostomy FAVE Things with Alyssa Zeldenrust, Chloe Moody and Nate Hadlock
1:30pm to 3:00pm	Basic Urostomy with Dr. Zachary Smith and WOC Nurse Marisa Meyer followed by Meet and Greet with Steve Vandevender
1:30pm to 3:00pm	Basic Continent Diversion with Dr. Joga Ivatury and WOC Nurse Brandon Hill followed by Meet and Greet with John Kasza
2:45pm to 6:30pm	<i>Exhibit Hall and Book Nook Open</i>

***All Attendees are Invited to the President's Reception from 7:30 to 9:30pm***

## **Friday, August 11th**

<b>Time</b>	<b>Event/Workshop Topic</b>
7:30am to 6:00pm	<i>Conference Registration Open</i>
8:00am to 5:00pm	<i>Hospitality Area and Book Nook Open</i>
8:30am to 1:00pm	<i>Exhibit Hall Open – Boxed Lunch served from 11:30am to 12:30pm</i>
8:00am to 5:00pm	<i>Free Stoma Clinic with WOC Nurses Open (Appointments made at Registration Desk)</i>
8:45am to 10:00am	ALADO Board of Directors Meeting with Mariela Acero
8:45am to 10:00am	NCACOA Board of Directors Meeting with Susan Burns
9:00am to 11:00am	Young Adults Track: Meeting Room Open for Discussions
9:00am to 10:00am	Caregivers Track: Caring for a Male Rap Session with Diana Kasza
9:00am to 10:00am	Caregivers Track: Caring for a Female Rap Session
10:15am to 11:45am	Caregivers Track: Caregiver Stress – How to Cope (for Caregivers Only)
10:15am to 11:45am	OAA Board of Directors Meeting with Martha de Nieves
1:00pm to 2:30pm	Living with IBD and Crohn's Disease – Panel Discussion with WOC Nurse Margaret Goldberg, Stephanie Brenner, Tina Aswani Omprakash, George Salamy, Dr. Joga Ivatury and Dr. Bincy Abraham
1:00pm to 2:30pm	The Why's and How's of Irrigation with WOC Nurse Joy Hooper, Cheryl Ory and Jim Murray
1:00pm to 2:30pm	Short Bowel Nutrition
1:00pm to 2:30pm	Diet & Nutrition Supplements and Pre/Pro Biotics with WOC Nurse Judy Madura
1:00pm to 2:30pm	Young Adults Track: Mental Health
2:45pm to 3:45pm	IBD and Crohn's Disease Awareness with Dr. Richard Rood
2:45pm to 3:45pm	Mental Health with Stephanie Brenner
2:45pm to 3:45pm	Ask the WOC Nurse with WOC Nurses Linda Coulter and Laura Kaiser
2:45pm to 3:45pm	Urostomy Rap
2:45pm to 3:45pm	Young Adult Track: Exercise
4:00pm to 5:00pm	Pain Management with Dr. David Beck
4:00pm to 5:00pm	Open LBGTQ Forum and Questioning for Ostomates and Friends with WOC Nurse Linda Coulter
4:00pm to 5:00pm	Body Image and Confidence with Kimberly Holiday-Coleman
4:00pm to 5:00pm	How to Increase ASG Member Participation with Steve Vandevender and Amie Leigh Reece
4:00pm to 5:00pm	Young Adult Track: Body Image and Acceptance

***The Night is Yours to Explore Houston!***

## Saturday, August 12th

Time	Event/Workshop Topic
6:30am to 7:15am	<i>Morning Exercise Program</i>
7:30am to 1:00pm	<i>Conference Registration Open</i>
8:00am to 12:00 Noon	<i>Free Stoma Clinic with WOC Nurses Open (Appointments made at Registration Desk)</i>
8:00am to 3:15pm	<i>Hospitality Area Open</i>
8:00am to 9:15am	Sexuality and Intimacy with Dr. Andrea Bradford
8:00am to 9:15pm	Ostomates Living with Two Ostomies with Jearlean Taylor
8:00am to 9:15pm	Ask the WOC Nurse with WOC Nurses Linda Coulter and Laura Kaiser
8:00am to 9:30am	Young Adults Track: Sexuality and Intimacy with Keagan Lynggard-Hysell
8:00am to 9:00am	Pediatric Track: Dietary Considerations in GI/Ostomy Patient with Erika Kay, RDN, LD
9:15am to 10:30am	Pediatric Track: Ask the Expert: Gastroenterology Care of the Pediatric IBD Patient with Dr. Allison Wyatt
9:30am to 10:45am	General Session: Healthier & Happier ~ Air Force Pilot Returns to Flying and His Loving Family after Ostomy Surgery with Joshua Nelson
10:45am to 12:00 Noon	Pediatric Track: Ask the Expert: Surgical Management of the Pediatric IBD Patient with Dr. Rueben Rodriguez
11:00am to 12:00 Noon	Pharmaceutical Drug Interactions and Ask the Pharmacist
11:00am to 12:00 Noon	ASG Success Stories with Steve Vandevender and Amie Leigh Reece
11:00am to 12:00 Noon	Oh Those Medical Female Issues! with WOC Nurse Joy Hooper
11:00am to 12:00 Noon	Young Adults Track: Relationships with Maggie and Zakary Tretton
1:00pm to 1:30pm	Pediatric Track: Advice from an Ostomy Parent with Julie Hubbard
1:00pm to 2:00pm	Oh Those Medical Male Issues! with Dr. Richard Rood
1:00pm to 2:00pm	UOAA Today and Tomorrow with Cheryl Ory and Christine Ryan
1:00pm to 2:00pm	Show and Tell Interactive Workshop Part I with Bret Cromer
1:00pm to 2:00pm	Young Adult Track: Parenthood with Meaghan Brown
1:45pm to 2:30pm	Pediatric Track: Ostomy Complications and Pouching Techniques with WOC Nurse Maryanne Lewis
2:15pm to 3:15pm	Ostomates are from Saturn, Medical Providers are from Jupiter! with Jeanine Gleba and Keagan Lynggard-Hysell
2:15pm to 3:15pm	Peristomal Skin Issues with WOC Nurse Margaret Goldberg
2:15pm to 3:15pm	Show and Tell Interactive Workshop Part 2 with Bret Cromer
2:15pm to 3:15pm	Young Adult Track: Advocacy Update with Kristen Furey and Alicia Aiello
2:45pm to 3:30pm	Pediatric Track: Ask the WOC Nurses with Barbara Richardson, Erika Guidry and Sharon Wallace
3:30pm to 4:30pm	Traveling? You and the TSA with TSA Representative and George Salamy
3:30pm to 4:30pm	Youth Rally – You Are Not Alone with Emily Mallar
3:30pm to 4:30pm	Friends of Ostomates Worldwide – USA, Inc. (FOW) with FOW President, Cindy Barefield
3:30pm to 4:30pm	Young Adult Track: FAQs with Molly Atwater-Puliscic and Collin Jarvis
3:45pm to 4:30pm	Pediatric Track: Exercise and Activities for Children with Ostomies with Tenille and Rebekka Smith
4:45pm to 5:45pm	Closing Ceremonies with UOAA President Cheryl Ory

***Texas Themed Evening of Dancing, Drinks and Desserts Starting at 7:30pm!***

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**Current Edition: 06/01/2023**