



**UOAA's 7<sup>th</sup> National Conference**  
**August 6 – 10, 2019**  
**Philadelphia 201 Hotel, Philadelphia, PA**

**CONFERENCE PROGRAM**

as Edited 4/29/2019

*Please note the dates, times and topics are subject to change leading up to the Conference.*

Three New Tracks this Year – follow the colors!

<b>Pediatric</b>	<b>Young Adults</b>	<b>Caregivers</b>
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**Tuesday, August 6<sup>th</sup>**

Time	Event/Workshop Topic
1:00pm to 4:00pm	UOAA Management Board of Directors Meeting
2:00pm to 6:00pm	<i>Conference Registration Open</i>
7:00pm to 8:00pm	<i>President's Reception in Horizon Rooftop Ballroom</i>

**Wednesday, August 7<sup>th</sup>**

Time	Event/Workshop Topic
6:30am to 7:30am	<i>Tai Chi with Eileen Bohrer</i>
8:00am to 5:00pm	<i>Conference Registration Open &amp; Hospitality Area Open</i>
8:00am to 9:30am	<i>Continental Breakfast served in Liberty Foyer</i>
8:30am to 9:30am	First Timers Orientation with Molly McPeck, RN
9:45am to 11:00am	Opening Ceremonies: Greetings from UOAA with Featured Keynote Speaker – Dr. Richard Rood, MD, FACP, FACG, AGAF, FASGE
11:15am to 12:15pm	Ostomy Buzz with Joy Hooper, RN, BSN, CWOCN, OMS, WCC
11:15am to 12:15pm	Are You in UOAA's Future as a National Leader? with Susan Burns, UOAA President
12:00pm to 5:00pm	<i>Free Stoma Clinic with Wound, Ostomy and Continence (WOC) Nurses Open (Appointments made at Registration Desk)</i>
12:30pm to 4:00pm	Young Adults Track: Meeting Room Open for Networking
1:30pm to 2:30pm	UOAA Medical Chair General Session: Taking Care of Business, Where Do I Fit In? with Dr. Judith Trudel, MD, MSc, MHPE
2:45pm to 3:45pm	Advocacy Session with Jeanine Gleba, UOAA Advocacy Manager
2:45pm to 3:45pm	Inflammatory Bowel Disease (IBD) Update with Dr. Richard Rood, MD, FACP, FACG, AGAF, FASGE
4:00pm to 5:00pm	Meet & Greet - Colostomy
4:00pm to 5:00pm	Meet & Greet - Ileostomy
4:00pm to 5:00pm	Meet & Greet - Urostomy
4:00pm to 5:00pm	Meet & Greet - Continent Diversion
4:00pm to 5:00pm	Young Adults Track: Meet & Greet
7:00pm to 9:00pm	<i>Improv Comedy Act with Danielle Gulden &amp; Joe Teeters and Nightclub Singing Act with Melissa Marshall, both held in the Horizon Rooftop Ballroom</i>

## Thursday, August 8<sup>th</sup>

Time	Event/Workshop Topic
6:30am to 7:30am	<i>Tai Chi with Eileen Bohrer / Yoga Class with Elaine O'Rourke, C-IAYT, Yoga Therapist and Teacher</i>
8:00am to 5:00pm	<i>Conference Registration Open</i>
8:00am to 6:00pm	<i>Hospitality Area Open</i>
8:00am to 9:00am	<i>Pediatric Track: Meeting Room Open for Networking</i>
8:00am to 11:30pm	<i>Young Adults Track: Meeting Room Open for Networking</i>
8:30am to 10:00am	<i>Psychosocial/Psychological Issues for Ostomates: Intestines Are Sooo Overrated with Featured Speaker, Dr. Janice Beitz, PhD, RN, CS, CNOR, CWOCN-AP, CRNP, APNC, ANEF, FAAN</i>
9:00am to 5:00pm	<i>Free Stoma Clinic with WOC Nurses Open (Appointments made at Registration Desk)</i>
9:00am to 10:00am	<i>Pediatric Track: Meet &amp; Greet</i>
10:15am to 11:30am	<i>Active Lifestyle Panel with Ray Ciccarelli, Collin Jarvis, Dani Osewalt, Molly Atwater and Eileen Bohrer</i>
10:15am to 11:30am	<i>Basic Colostomy with Dr. David Beck, MD</i>
10:15am to 11:30am	<i>Basic Ileostomy with Dr. Avi Galler, MD</i>
10:15am to 11:30am	<i>Basic Urostomy with Dr. Edouard Trabulsi, MD, FACS</i>
10:15am to 11:30am	<i>Continent Diversions with Dr. Judith Trudel, MD, MSc, MHPE and Maria Jones, BS, RN, NP-C, CWOCN</i>
10:15am to 11:30am	<i>Pediatric Track: Pediatric Ostomy Complications and Troubleshooting with Judith Stellar, MSN, CRNP, CWOCN</i>
11:30am to 12:30pm	<i>Pediatric Track: Ask the WOC Nurse about Pediatrics with Judith Stellar, MSN, CRNP, CWOCN</i>
11:30am to 12:30pm	<i>Young Adults Track: Clothing Choices with Jearlean Taylor</i>
12:30pm to 1:30pm	<i>Pediatric Track: Lunch and Networking</i>
12:30pm to 1:45pm	<i>Ask the WOC Nurse – Colostomy with Josephine Catanzaro, BSN, RN, CWOCN, Clinician &amp; Educator</i>
12:30pm to 1:45pm	<i>Ask the WOC Nurse – Ileostomy with Lara Leininger, BSN, RN, CWOCN &amp; Dani Osewalt</i>
12:30pm to 1:45pm	<i>Ask the WOC Nurse – Urostomy with Marie Brown-Etris, RN, CWOCN</i>
1:30pm to 2:30pm	<i>Young Adults Track: Intimacy &amp; Sexuality (for 21+ Audience)</i>
1:45pm to 3:15pm	<i>Pediatric Track: Adults Who Had Ostomies as Children ~ Panel Discussion with Paula Erwin Toth, MSN, RN, CWOCN, CNS, FAAN, Joanna Burgess-Stocks, BSN, RN, CWOCN, Maria-Jose Bouey, Jearlean Taylor and Tom Exler</i>
2:00pm to 6:00pm	<i>Exhibit Hall Open</i>
2:00pm to 3:30pm	<i>Caregivers Track: Caring for a Male Ostomate with Linda Gehshan Salamy</i>
2:00pm to 3:30pm	<i>Caregivers Track: Caring for a Female Ostomate with Ren Lueder</i>
2:30pm to 3:30pm	<i>Young Adults Track: Employment</i>
3:30pm to 4:30pm	<i>Pediatric Track: Closing session with Connor Sheffield, a 14-Year Old Race Car Driver with an Ostomy</i>
7:00pm to 10:00pm	<i>Roaring 20's Casino Night &amp; Music in the Horizon Rooftop Ballroom</i>

## Friday, August 9<sup>th</sup>

Time	Event/Workshop Topic
6:30am to 7:30am	<i>Nu-Hope Fun Run – meet in Lobby</i>
8:00am to 5:00pm	<i>Conference Registration Open &amp; Hospitality Area Open</i>
8:00am to 9:30am	<i>Young Adults Track: Meeting Room Open for Networking</i>
8:30am to 1:00pm	<i>Exhibit Hall Open (Box Lunch from 11:30am to 1:00pm)</i>
9:00am to 5:00pm	<i>Free Stoma Clinic with WOC Nurses Open (Appointments made at Registration Desk)</i>
9:30am to 11:30am	<i>Young Adults Track: Relationship Considerations and Having a Family</i>
10:00am to 11:30am	<i>Caregivers Track: Caregiver Stress – How to Cope (for Caregivers Only) with Anita Prinz, RN, MSN, CWOCN</i>
11:30am to 1:00pm	<i>Box Lunch Served in Exhibit Hall</i>

1:00pm to 2:45pm	Medicinal Marijuana with Dr. Jack J DeVita, MD
1:00pm to 2:45pm	Skin Barrier Formulation "Cooking" Show with Wil Walker, MBA, BSN, RN, WOC Nurse
1:00pm to 2:45pm	Parastomal Hernia Repair with Minimal Invasive Surgery with Dr. David Stein, MD
3:00pm to 3:45pm	Young Adults Track: Functional Movement/Hernia Prevention & Hydration Importance with Collin Jarvis
3:00pm to 4:45pm	Peristomal Skin Issues with Margaret Goldberg, MSN, RN, CWOCN
3:00pm to 4:45pm	Sexuality and Intimacy for Ostomates with Neilanjan Nandi, MD, FACP
3:00pm to 4:45pm	GLO Meeting with Carolyn Confer
4:00pm to 5:00pm	Young Adults Track: Body Image & Self Confidence
7:00pm to 9:00pm	<i>Game Night at the Hotel or Night Out to Explore Philadelphia</i>

## Saturday, August 10th

Time	Event/Workshop Topic
6:30am to 7:30am	<i>Tai Chi with Eileen Bohrer / Yoga Class with Elaine O'Rourke, C-IAYT, Yoga Therapist &amp; Teacher</i>
8:00am to 1:00pm	<i>Conference Registration Open</i>
8:00am to 4:00pm	<i>Hospitality Area Open</i>
8:00am to 8:30am	Young Adults Track: Meeting Room Open for Networking
8:30am to 9:45am	Young Adults Track: The 20/40 Program with Maria-Jose Bouey
8:30am to 11:30am	Local ASGs Building National Relationships with Al Nua, Debi Fox, Steve Vandevender, Lori Rosenberger and Jennifer Polisner
8:30am to 9:45am	Probiotics & Nutrition for Ostomates with Gina Reiss, RD, LDN and Kimberly Manna, Dietician Intern
8:30am to 9:45am	Hirschsprung's Disease with Lynn Wolfson
8:00am to 12:00pm	<i>Free Stoma Clinic with WOC Nurses Open (Appointments made at Registration Desk)</i>
10:00am to 11:30am	Traveling, You and the TSA with Seena Foster, TSA and George Salamy, TSA Liaison
10:00am to 11:30am	Show and Tell (Audience Participation) with Brian Cromer
10:00am to 11:30am	Young Adults Track: Sharing Experiences with Family Members, Significant Others and Younger Ostomates with Collin Jarvis and Molly Atwater
12:30pm to 2:00pm	Final Chance to Ask the WOC Nurse with Maria Jones, BS, RN, NP-C, CWOCN and Margaret Goldberg, MSN, RN, CWOCN
12:30pm to 2:00pm	Irrigation with Joy Hooper, RN, BSN, CWOCN, OMS, WCC and James Murray
12:30pm to 2:00pm	ASG Newsletter Editors' Meet & Greet with Barbara Hawes
12:30pm to 2:00pm	Young Adults Track: Adjusting to an Ostomy with Collin Jarvis, Molly Atwater, Jarlean Taylor and Rena Münster
2:00pm to 3:15pm	Young Adults Track: General Tips and Tricks with Collin Jarvis and Molly Atwater
2:15pm to 3:15pm	Pelvic Floor Dysfunction After Surgery with Crisanta Sage Claydon, MD
2:15pm to 3:15pm	Help with Research! Patient Survey with Jeanine Gleba, UOAA Advocacy Manager
2:15pm to 3:15pm	Youth Rally Meeting with Emily Mallar, Director of Public Relations & Outreach
3:30pm to 5:00pm	<i>Closing Ceremony</i>
6:30pm to 10:00pm	<i>Desserts, Dancing and "Fashion Independence Is In Our Bag" Fashion Show directed by Melissa Marshall and Ellyn Mantell</i>



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