



**UOAA's 7<sup>th</sup> National Conference**  
**August 6 – 10, 2019**  
**Philadelphia 201 Hotel, Philadelphia, PA**

**CONFERENCE PROGRAM**

as Edited 1/14/2019

*Please note the dates, times and topics are subject to change leading up to the Conference.*

**Three New Tracks this Year – follow the colors!**

<b>Pediatric</b>	<b>Young Adults</b>	<b>Caregivers</b>
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**Tuesday, August 6<sup>th</sup>**

Time	Event/Workshop Topic
1:00pm to 4:00pm	UOAA Management Board of Directors (MBoD) Meeting
2:00pm to 6:00pm	<i>Conference Registration Open</i>
7:00pm to 9:00pm	<i>President's Reception in Horizon Rooftop Ballroom</i>

**Wednesday, August 7<sup>th</sup>**

Time	Event/Workshop Topic
6:30am to 7:30am	<i>Tai Chi with Eileen Bohrer &amp; Second Exercise Class</i>
8:00am to 5:00pm	<i>Conference Registration Open &amp; Hospitality Area Open</i>
8:00am to 9:30am	<i>Continental Breakfast served in Liberty Foyer</i>
8:30am to 9:30am	First Timers Orientation – what attendees of their first Conference can expect
9:45am to 11:00am	Opening Ceremonies: Greetings from UOAA with Featured Keynote Speaker – Dr. Richard Rood, MD, FACP, FACG, AGAF, FASGE
11:15am to 12:15pm	Ostomy Buzz with Joy Hooper, RN, BSN, CWOCN, OMS, WCC
12:00pm to 5:00pm	<i>Free Stoma Clinic with Wound, Ostomy and Continence (WOC) Nurses Open (Appointments made at Registration Desk)</i>
12:00pm to 5:00pm	Young Adults Track: Meeting Room open for Networking
1:30pm to 2:30pm	Medical Chair General Session with Dr. Judith Trudel, MD, MSc, MHPE
2:45pm to 3:45pm	Advocacy Update with UOAA Advocacy Manager, Jeanine Gleba
4:00pm to 5:00pm	Meet & Greet - Colostomy
4:00pm to 5:00pm	Meet & Greet - Ileostomy
4:00pm to 5:00pm	Meet & Greet - Urostomy
4:00pm to 5:00pm	Meet & Greet - Continent Diversion
4:00pm to 5:00pm	Young Adults Track: Meet & Greet
7:00pm to 9:00pm	<i>Improv Comedy Act with Danielle Gulden &amp; Joe Teeters and Nightclub Singing Act with Melissa Marshall, both held in the Horizon Rooftop Ballroom</i>

## Thursday, August 8<sup>th</sup>

Time	Event/Workshop Topic
6:30am to 7:30am	<i>Tai Chi with Eileen Bohrer &amp; 2<sup>nd</sup> Exercise Class</i>
8:00am to 5:00pm	<i>Conference Registration Open</i>
8:00am to 6:00pm	<i>Hospitality Area Open</i>
8:00am to 5:00pm	<i>Pediatric Track: Meeting Room Open for Networking</i>
8:00am to 5:00pm	<i>Young Adults Track: Meeting Room Open for Networking</i>
8:30am to 10:00am	Psychosocial/Psychological Issues for Ostomates: Intestines Are So Overrated with Featured Speaker, Dr. Janice Beitz, PhD, RN, CS, CNOR, CWOCN-AP, CRNP, APNC, ANEF, FAAN
8:30am to 10:00am	Active Lifestyle Panel with Ray Ciccarelli, Collin Jarvis, Dani Osewalt, Molly Atwater and Eileen Bohrer
9:00am to 5:00pm	<i>Free Stoma Clinic with WOC Nurses Open (Appointments made at Registration Desk)</i>
10:15am to 11:30am	Basic Colostomy with Dr. David Beck, MD
10:15am to 11:30am	Basic Ileostomy
10:15am to 11:30am	Basic Urostomy with Dr. Edouard Trabulsi, MD, FACS
10:15am to 11:30am	Basic Continent Diversion
10:15am to 11:30am	Experienced Ostomates: What's New and Adjusting Long Term ~ Panel Discussion
10:15am to 11:00am	<i>Pediatric Track: Meet &amp; Greet</i>
10:15am to 11:00am	<i>Young Adults Track: Adjusting to an Ostomy</i>
11:00am to 12:00pm	<i>Pediatric Track: Ask the WOC Nurse about Pediatrics with Judith Stellar, MSN, CRNP, CWOCN</i>
11:00am to 12:00pm	<i>Young Adults Track: Body Image &amp; Self Confidence</i>
12:30pm to 1:45pm	Ask the WOC Nurse – Colostomy with Josephine Catanzaro, CWOCN, Clinician & Educator
12:30pm to 1:45pm	Ask the WOC Nurse – Ileostomy with Lara Leininger, BSN, RN, WOCN
12:30pm to 1:45pm	Ask the WOC Nurse – Urostomy with Marie Brown-Etris, RN, CWOCN
12:30pm to 1:45pm	Ask the WOC Nurse – Continent Diversion
12:30pm to 3:00pm	<i>Pediatric Track: Adults Who Had Ostomies as Children ~ Panel Discussion</i>
12:30pm to 3:00pm	<i>Young Adults Track: Clothing Choices</i>
2:00pm to 3:30pm	<i>Caregivers Track: Caring for a Female Ostomate</i>
2:00pm to 3:30pm	<i>Caregivers Track: Caring for a Male Ostomate</i>
2:00pm to 6:00pm	<i>Exhibit Hall Open</i>
7:00pm to 10:00pm	<i>Roaring 20's Casino Night in the Horizon Rooftop Ballroom</i>

## Friday, August 9<sup>th</sup>

Time	Event/Workshop Topic
6:30am to 7:30am	<i>Nu-Hope Fun Run – meet in Lobby</i>
8:00am to 5:00pm	<i>Conference Registration Open &amp; Hospitality Area Open</i>
8:30am to 1:00pm	<i>Exhibit Hall Open (Box Lunch from 11:30am to 1:00pm)</i>
9:00am to 5:00pm	<i>Free Stoma Clinic with WOC Nurses Open (Appointments made at Registration Desk)</i>
10:00am to 11:30am	<i>Caregivers Track: Caregiver Stress – How to Cope</i>
11:30am to 1:00pm	<i>Box Lunch Served in Exhibit Hall</i>
1:00pm to 2:45pm	Medicinal Marijuana, Pain Management & Alternative Practices
1:00pm to 2:45pm	Sexuality and Intimacy
1:00pm to 2:00pm	Peristomal Hernia Repair with Minimally Invasive Surgery
1:00pm to 5:00pm	<i>Young Adults Track: Relationship Considerations, Intimacy/Sexuality and Having a Family</i>
2:15pm to 3:15pm	Peristomal Skin Issues
3:00pm to 4:45pm	Medicinal Marijuana, Pain Management & Alternative Practices

3:00pm to 4:45pm	Sexuality and Intimacy
3:00pm to 4:45pm	GLO Meeting with Carolyn Confer
7:00pm to 9:00pm	<i>Game Night at the Hotel/Night Out to Explore Philadelphia</i>

## Saturday, August 10th

Time	Event/Workshop Topic
6:30am to 7:30am	<i>Tai Chi and 2<sup>nd</sup> Exercise Class</i>
8:00am to 1:00pm	<i>Conference Registration Open</i>
8:00am to 3:30pm	<i>Hospitality Area Open</i>
8:00am to 9:00am	Young Adults Track: Meeting Room Open for Networking
8:30am to 11:30am	Local ASGs Building National Relationships with Debi Fox, Steve Vandevender, Al Nua, Lori Rosenberger and Jennifer Polisner
8:30am to 9:45am	Probiotics & Nutrition
9:00am to 12:00pm	Young Adults Track: Sharing Experiences with Family Members, Significant Others and Younger Ostomates
9:00am to 12:00pm	<i>Free Stoma Clinic with Wound, Ostomy and Continence (WOC) Nurses Open (Appointments made at Registration Desk)</i>
10:00am to 11:30am	Travel & TSA
10:00am to 11:30am	Ostomy Accessories: Belts, Wraps & More with Joanna Burgess-Stocks, BSN, RN, CWOCN
12:30pm to 2:00pm	Final Ask the WOC Nurses
12:30pm to 2:00pm	Irrigation with Joy Hooper, RN, BSN, CWOCN, OMS, WCC, Cheryl Ory, RN, BSN and James Murray
12:30pm to 3:15pm	Young Adults Track: Networking and General Tips & Tricks
2:15pm to 3:15pm	Pelvic Floor Dysfunction After Surgery
2:15pm to 3:15pm	Advocacy Focus Group with UOAA Advocacy Manager, Jeanine Gleba
2:15pm to 3:15pm	Hirschsprung's Disease with Lynn Wolfson
3:30pm to 5:00pm	<i>Closing Ceremony</i>
6:30pm to 10:00pm	<i>Desserts, Fashion Show and Dancing</i>



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