TUESDAY, August 22, 2017

Noon-8pm
Registration
Hotel Lobby A

7:00pm - 9:00pm
UOAA President’s Reception
Meet and Greet UOAA National Leaders – Open to all
Terrace Court – (cash bar)

WEDNESDAY, August 23, 2017

6:30am - 7:30am
Tai Chi
Session consists of warm ups, learning and doing the Tai Chi moves & cool downs. You do not need to know Tai Chi so come and join in. All are welcome.
Salon DE
Eileen Bohrer, a trained Tai Chi for Arthritis Instructor

7:00am - 6:00pm
Registration Open & Sign Up for Stoma Clinic Appointments
Hotel Lobby A

8:30am – 11:45am
Opening Ceremonies
Color Presentation
Introductions
Destination Irvine-Representative from Hotel Irvine
Keynote Address- “The Memories of a World Sailor Extraordinaire”-Pam Wall
Start the conference off with a warm welcome. Meet UOAA leadership and invited guests. Then sit back and prepare to be inspired by an upbeat presentation given by a dynamic speaker whose life demonstrates her resolve not to let an ostomy stand in the way of her love for the sea.
Salon DE
Jim Murray, UOAA 1st Vice President, MC

12:00noon-6:00pm
Stoma Clinic Open
Location to be announced at sign-in. Sign up at Registration desk, space is limited. Please note that you MUST sign up for this and times are set. This is FIRST COME FIRST SERVE!
Frances Wilson, CNS, CWOCN, CFCN, Manager
12noon-5:00pm
Hospitality Area Open
Grand Foyer by Salon B

12noon-1:30pm
Continent Diversion Ostomates Meet & Greet
Here is the opportunity for you to meet with those that have a similar continent surgical procedure.
Leslie Schwartz
Hotel Red Bar

1:00pm-1:30pm
UOAA ASG (Affiliate Support Group) Leadership Academy Registration
Practical training for current and future ASG leaders. Learn what UOAA is doing that will benefit your group and the programs and support that are available.
Theater
Susan Burns, Al Nua, Molly McPeek Organizers

1:30pm-3:00pm
1st Timers Orientation
Learn the what, where, when and how of features, events and educational workshops at this year’s UOAA National conference.
Salon DE
Jim Murray, UOAA 1st Vice-President, Moderator

1:30pm-5:30pm
UOAA ASG Leadership Academy Part 1
The Affiliated Support Group Leadership Academy is an exciting program for all support group leaders or those interested in starting or leading their own group. Academy will be separated into 2 distinct days and addressing the common issues of running an ASG. On Wednesday, this program will kick off with a bang in the afternoon discussing the local ASG and national ASG obligations as well as addressing recruitment, outreach and partnering with others. The afternoon will finish with discussions from several successful support group leaders who are meeting the challenges of running an ASG. Day 2 will discuss tools that can be used to remain viable and troubleshooting common issues. Rounding out this energizing program will be a breakout for all ASG leaders to talk with others and strategize successful ideas and concepts. Be prepared to walk away with real life tools and strategies that work!
Theater
Al Nua, Molly McPeek, Susan Burns, Organizers

3:15pm-5:00pm
Salon DE
UOAA Medical Chair
“This is 2017: Why do I still have an Ostomy?”
Dr. Judith Trudel, MD, MSC, MHPE

5:15pm-6:30pm
21+ Meet and Greet
Here is the opportunity for you to meet with those who have similar life styles, problems and concerns.
Hotel Red Bar
Collin Jarvis, Keagan Lynggard-Hysell
6:45pm-7:45pm
“Healing with Humor”
Learn what a sense of humor can do for your health!
**Salon DE**
*Brenda Elsagher, Author, Humorist*

8:00pm-10:00pm
1st Night Ice Cream Social – make your own sundaes
With appearances by UOAA’s superheroes.
**Backyard Patio & Pavilion**
*Hosted by Molly McPeek and Cheryl Ory*

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**THURSDAY, August 24, 2017**

6:30am - 7:30am
**Tai Chi**
Session consists of warm ups, learning and doing the Tai Chi moves & cool downs. You do not need to know Tai Chi so come and join in. All are welcome.
**Salon DE**
*Eileen Bohrer, a trained Tai Chi for Arthritis Instructor*

7:00am-8:00am
**Registration for WOCN Nurse’s Ostomy Education Program**
**Theater**

7:30am-5:00pm
**Conference Registration Open**
**Hotel Lobby A**

8:00am-5:00pm
**Hospitality Area Open**
**Grand Foyer by Salon B**

8:00am-12noon
**WOCN Nurse’s Ostomy Education Program**
Attendees will receive 4 CEUs
Program Objectives:
- Improved understanding of common research terminologies and be able to do a brief analysis on a selected study.
- Accurately measure a patient for a parastomal hernia support belt.
- Name 2 resources to provide patients and families with information relative to parastomal hernia issues.
- Discuss the care needs of acute care patients that present with different types of urinary diversions
- Increased understanding of the needs of patients with continent urinary & fecal diversion.
- Familiarization with available support resources for patients with continent diversions.
**Theater**
*Mickey Galindo, RN, CWOCN; Frances Wilson, CNS, CWOCN, CFCN; Vivian Wong, PhD, RN, CWOCN, CNS*
8:00am-12noon
1:00pm-5:00pm
Stoma Clinic Open
Location to be announced at sign-in. Sign up at Registration desk, space is limited. Please note that you MUST sign up for this and times are set. This is FIRST COME FIRST SERVE!
Frances Wilson, CNS, CWOCN, CFCN, Manager

8:30am-9:30am
Basic Colostomy
This session will answer the very basic questions that you might have about your colostomy, but were too embarrassed to ask. There are no colostomy related questions that cannot be asked or answered in this session.
Salon DE
Dr. David E. Beck, MD, FACS, FASCRS
Sponsored by Coloplast

8:30am-9:30am
Basic Ileostomy
This session is designed to answer the very basic questions about your ileostomy but you were too embarrassed to ask. There are no ileostomy related questions that cannot be asked or answered in this session.
Trabuco B/C
Dr. Gahagan, MD
Sponsored by Coloplast

8:30am-9:30am
Pregnancy & Other GYN Concerns
Pregnancy and GYN Considerations
Hear about some of the internal issues females face after ostomy surgery and how best to confront them. Learn what happens to your plumbing when you get pregnant.
Saddleback
Dr. Judith Trudel, MD, MSC, MHPE

Continent Diversion Surgery, J-Pouches, Etc.
8:30am-9:30am
Learn about these continence preserving surgery options which surgeons are now making, along with an update on the latest surgical advances.
Woodbridge
Dr. Mehraneh Dorna Jafari, MD

8:30am-9:30am
Basic Urostomy
This session is designed to answer the very basic questions about your urostomy but you were too embarrassed to ask. There are no urostomy related questions that cannot be asked or answered in this session.
Oak Creek
Dr. Amit Gupta, MD, MPH
Sponsored by Coloplast
9:45am-10:45am  
Ask the WOCN about Colostomy Management
What are the options for management of a colostomy: drainable pouches, closed end pouches, one piece versus two-piece pouching, and irrigation? A review of the pros and cons of each option. A review of constipation options.

Salon DE
Bonnie Alvey, ACNS-BC, APRN, WOCN
Sponsored by Hollister

9:45am-10:45am  
Ask the WOCN about Ileostomy Management
Typical issues that can be addressed include leakage and other pouching considerations, skin problems, food blockages, dehydration and quality of life matters.
Trabuco B/C
Lara Leininger, BSN, BC-RN, CWOCN; Dani Osewalt, Patient
Sponsored by Hollister

9:45am-10:45am  
Robotic Surgery
Learn about this state of the art minimally invasive surgery where miniaturized surgical instruments that fit through a series of quarter inch incisions are used. This allows doctors to perform many types of complex procedures with more precision, flexibility and control than is possible with conventional techniques.
Saddleback
Dr. Alessio Pigazzi, MD, PhD

9:45am-10:45am  
BCIR Continent Reservoir
This educational session will review the 3 surgical options available following removal of the colon and rectum, including the nature of the procedures, outcomes, and indications. It will focus on the unique nature of the BCIR (Barnett version of the Kock Poch) and the improved quality of life it provides to people with a malfunctioning conventional ileostomy or a failed J pouch procedure.
Woodbridge
Dr. DJ Schiller, MD, FACS

9:45am-10:45am  
Ask the WOCN about Urostomy Management
Typical issues that can be addressed include stops to prevent pouch leakage and urinary tract infections, odor management and night drainage issues.
Oak Creek
Angela Richardson, BSN, RN, CWOCN

11:00am-12noon  
Colostomy Irrigation
Have you wondered if a colostomy irrigation was a procedure you could/should do? Come and hear colostomates describe how they irrigate and the benefits of this procedure.
Salon DE
Cheryl Ory, RN
11:00am-12noon
From Crohn's to Ostomy: Rising Above When Life Hits Below the Belt.
Lois shares her 20-year struggle with Crohn's disease and how ostomy surgery changed her life for the better. When we choose to view a major life event as a way to learn about ourselves, we gain a different perspective that can lead to growth and gratitude. Ostomy surgery took Lois on a journey that has led to a fulfilling present and a future bright with promise.

Trabuco B/C
Lois Fink
Sponsored by Coloplast

11:00am-12noon
Fecal Microbiota Transplant
In this workshop you will learn what a Fecal Microbiota Transplant (FMT) is, why this procedure is performed and the benefits to the receiving patient especially in the treatment of inflammatory bowel diseases and C.dif.

Saddleback
Dr. Allen Kamrava, MD, MBA, FACS, FASCRS

11:00am-12noon
Continent Diversion Q & A
This will be an opportunity for people with Continent Diversion or those who are interested in learning about them, to meet in an informal venue to talk among themselves regarding various surgery related and quality of life issues.

Woodbridge
Leslie Schwartz

11:00am12:30pm
Coloplast Focus Group
Oak Creek

12:00noon-12:30pm
Registration for Non WOCN Nurse’s Ostomy Education Program
Theater
Joanna Burgess-Stocks, BSN, RN, CWOCN and Cheryl Ory, RN

12:30pm-4:30pm
Non WOCN Nurse’s Ostomy Education Program
Attendees will receive 4 CEUs
Program Objectives:
- List Indications that may lead to an ostomy
- Identify and address concerns, issues and challenges relevant to a patient with an ostomy
- Describe management strategies for ostomy care in the acute setting
- Describe management strategies for ostomy care in the home setting.
- Demonstrates skill in choosing and applying a pouching system

Theater
Joanna Burgess-Stocks, BSN, RN, CWOCN and Cheryl Ory, RN
1:15pm-2:15pm
Chemo & Radiation Effects on an Ostomy
This presentation will include a discussion regarding the side effects that either chemo, radiation or both may have on your ostomy.

Salon DE
Dr. David E. Beck, MD, FACS, FASCRS

1:15pm-2:15pm
Genetics & the Inheritance of Ostomy Occurrence
From inherited cancer syndromes to familial digestive disorders: learn about the genetic risks associated with ostomy occurrence. Sandra Brown, MS, LCGC, will discuss research updates that describe familial risk for Crohn Disease, ulcerative colitis and inherited colon cancer syndromes. She will clarify the associated complex modes of inheritance and provide information about familial risk assessment for patients and family members including the availability of genetic counseling and genetic testing.

Trabuco B/C
Sandra Brown, MS, LCGC

1:15pm-2:15pm
Peristomal Skin Issues
Learn the “do’s and don'ts” for maintaining healthy skin around your stoma and under your faceplate.

Saddleback
Darcie Peterson, ANP-BC, CWOCN-AP
Sponsored by Hollister

1:15pm-2:15pm
Gynecological Cancer Issues for Women
These are some of the issues to be discussed: gynecological cancer that women should be aware of including the most common symptoms, how to prevent the cancer, tests to detect it early, healthy life style choices, family health history and if cancer is detected, the development of a cooperative working relationship with your cancer team.

Woodbridge
Dr. Leslie Randall, MD

1:15pm-2:15pm
Prostate & Other Male Issues
In this session, we will briefly discuss some common male urology and sexual health issues. You will learn about the symptoms of an enlarged prostate, and potential treatment options, as well as prostate cancer screening and an overview of treatment options. Furthermore, we will discuss erectile dysfunction and low testosterone, and the potential treatment options for both of these conditions.

Oak Creek
Steve Bereta, MS, RN, FNP-C

2:30pm-7:00pm
Exhibit Hall Open
Exhibition Hall Opening
Conference name badges are required to enter the Hall. Exhibitor names and a plan of the Hall are located at the back of this book. “This is Show and Tell” time for the ostomy product manufacturers and distributors. See all the new ostomy products, the newest features in the products that have served us so well over the years, and meet with the distributors of the products that give us the excellent quality of life we enjoy.
NOTE: UOAA IS OFFERING THE EXHIBITORS THE OPTION OF LEASING “LEAD RETIEVAL EQUIPMENT”. YOUR BADGE HAS A CHIP IN IT THAT CONTAINS YOUR TYPE OF OSTOMY AND YOUR CONTACT INFORMATION. IF YOU ARE INTERESTED IN RECEIVING A SAMPLE OR ADDITIONAL INFORMATION FROM ONE OF OUR EXHIBITORS THAT ARE USING THIS EQUIPMENT, THEN YOU CAN PRESENT YOUR BADGE TO BE SCANNED. IF YOU ARE NOT INTERESTED IN RECEIVING ANY SAMPLES OR INFORMATION FROM A SPECIFIC EXHIBITOR, THEN DO NOT PRESENT YOUR BADGE FOR SCANNING. THE OPTION IS YOURS. YOUR INFORMATION IS KEPT CONFIDENTIAL BY UOAA. IT IS YOUR CHOICE TO HAVE YOUR BADGE SCANNED OR NOT.

Salon ABC

2:30pm-3:30pm
Pregnancy and an Ostomate Mother's Viewpoint
In this session Heather Brigstock, who is both an ostomate and a WOCNurse, will discuss her pregnancy as an ostomate and provide information about how her stoma management was influenced by being pregnant.
Woodbridge
Heather Brigstock, WOCN

FRIDAY, August 25, 2017

6:30am-7:30am
Nu-Hope Fun Run
A conference tradition and favorite to start your day with an invigorating walk or run. Enjoy the run, jog or walk and receive a free t-shirt courtesy of Nu-Hope Laboratories.
Meet in 1st Floor Hotel Lobby

7:30am-5:00pm
Registration Open
Hotel Lobby A

8:00am-5:00pm
Hospitality Area Open
Grand Foyer by Salon B

7:30am-11:30am
12:30pm-4:30pm
Stoma Clinic Open
Location to be announced at sign-in. Sign up at Registration desk, space is limited. Please note that you MUST sign up for this and times are set. This is FIRST COME FIRST SERVE!
Frances Wilson, CNS, CWOCN, CFCN, Manager

8:30am-1:30pm
Exhibit Hall Open
Conference name badges are required to enter the Hall. Exhibitor names and a plan of the Hall are located at the back of this book. “This is Show and Tell” time for the ostomy product manufacturers and distributors. See all the new ostomy products, the newest features in the products that have served us so well over the years, and meet with the distributors of the products that give us the excellent quality of life we enjoy.

A box lunch will be served for all attendees from 11:30am to 12:30pm in the Exhibit Hall.
NOTE: UOAA IS OFFERING THE EXHIBITORS THE OPTION OF LEASING “LEAD RETRIEVAL EQUIPMENT”. YOUR BADGE HAS A CHIP IN IT THAT CONTAINS YOUR TYPE OF OSTOMY AND YOUR CONTACT INFORMATION. IF YOU ARE INTERESTED IN RECEIVING A SAMPLE OR ADDITIONAL INFORMATION FROM ONE OF OUR EXHIBITORS THAT ARE USING THIS EQUIPMENT, THEN YOU CAN PRESENT YOUR BADGE TO BE SCANNED. IF YOU ARE NOT INTERESTED IN RECEIVING ANY SAMPLES OR INFORMATION FROM A SPECIFIC EXHIBITOR, THEN DO NOT PRESENT YOUR BADGE FOR SCANNING. THE OPTION IS YOURS. YOUR INFORMATION IS KEPT CONFIDENTIAL BY UOAA. IT IS YOUR CHOICE TO HAVE YOUR BADGE SCANNED OR NOT.

Salon ABC

8:30am-10:30am
North and Central America and Caribbean Ostomy Association House of Delegates Meeting
Learn where UOAA fits into the international picture and what we are doing to help ostomates in Central America and the Caribbean. NCACOA will hold a House of Delegates meeting in which officers will be elected, county reports given and business affairs of the sub-region acted upon.

Trabuco A/B/C
Pat Cimmeck, NCACOA President

8:30am-10:00am
Male Spouses or Partners Meeting... For NON OSTOMATES ONLY
An open, informal session for male spouses or partners of those who have stomas or continent diversions to discuss issues that pertain to being a caregiver.

Woodbridge
Ross Stocks, Angela Richardson, BSN, RN, CWOCN, Lara Leininger, BSN, BC-RN, CWOCN
Sponsored by Shire

8:30am-10:00am
Female Spouses or Partners Meeting ... For NON OSTOMATES ONLY
An open, informal session for female spouses or partners of those who have stomas or continent diversions to discuss issues that pertain to being a caregiver.

Oak Creek
Holli Flettrich, Cheryl Ory, RN
Sponsored by Shire

10:15am-11:30am
Caregivers, Family & Friends Interactive Discussion
This workshop will allow you to talk about your feelings regarding the care and ongoing relationship with the person in your life with an ostomy.

Woodbridge
Ross Stocks, Lara Leininger, BSN, BC-RN, CWOCN, Angela Richardson, BSN, RN, CWOCN, Holli Flettrich, Chery Ory, RN, Facilitators
Sponsored by Shire
8:30am-11:30am
UOAA ASG Leadership Academy Part 2
Part 2 will discuss tools that can be used to remain viable and troubleshooting common issues. Rounding out this energizing program will be a breakout for all ASG leaders to talk with others and strategize successful ideas and concepts. Be prepared to walk away with real life tools and strategies that work!

Theater
Susan Burns, Al Nua, Molly McPeek, Organizers

1:00pm-2:45pm
Newsletters for ASGs
How To: Best ASG Newsletter Ever
Covering Content, Distribution Issues, Top Essentials of Design (the do's and don'ts) and Editor's Sharing. Join the email sharing list, currently over 32 ASG Editors. No need to take notes. Detailed handouts will be distributed.

Theater
Barbara Hawes, Wendy Lueder

1:45pm-2:45pm
Youth Rally – You Are Not Alone: Come Learn About This Great Camp for Teens
Each summer there is a camp for kids ages 11-17 living with diseases and conditions of the bowel or bladder systems where they can spend a week packed with medical and educational sessions as well as recreational outings and special events designed around helping the campers gain confidence, self-esteem, and independence - AND HAVE FUN!! Come learn more about the camp and ask questions of counselors.

Saloon DE
April Gimlen
Sponsored by ConvaTec

1:45pm-2:45pm
Surviving the Storm
Hear Collin speak about his personal story with Ulcerative Colitis and some of the more poignant experiences of chronic illness as a young adult and athlete. He will also speak about the decision (or lack there-of) to have surgery for an ileostomy, and the physical and mental hardships that came during the first 6 months post-op as a result and how the right perspective on the most negative experience in his life has afforded him a way to turn it into the most positive one - and help others do the same.

Salon DE
Collin Jarvis

1:45pm-2:45pm
Focus Group … Hollister
Woodbridge
Ginger Salvadalena, Principal Scientist, Clinical Affairs, PhD, RN, CWOCN
3:00pm-5:00pm
Medications and Your Ostomy - How Drugs React in Your New Plumbing
Have you wondered if you are absorbing or getting all the medication you should when you take that pill? Most people with an ostomy are taking drugs for some medical problem they are facing. Learn how medications react in your digestive system after ostomy surgery and the things you should keep in mind when your physician prescribes medications for you. “Supplements and Probiotics” are words we have heard countless times. At this session you will learn what effect these substances have on your body and what effect your ostomy has on the drugs, supplements and probiotics you are taking.

Salon DE
Jody Jacobson, RPh

3:00pm-5:00pm
Complications of Parastomal and Stomal Hernias
This session will review common complications that can occur after ostomy creation, such as early dehydration, ostomy prolapse and parastomal hernia, how to recognize them and the various treatment options. Parastomal hernia is a complication that affects more than half of patients who have an ostomy. The decision as to when to surgically intervene for a parastomal hernia is complex. The specific indications for surgical treatment will be discussed, along with the various procedures available to address parastomal hernia, their inherent risks and success rates with a particular focus on minimally invasive surgery techniques.

Trabuco A/B/C
Dr. Joseph Carmichael, Dr. Dorna Jafari, Dr. Steve Mills, Dr. Alessio Pigazzi

3:00pm-5:00pm
Psychological Concerns of Ostomates
This session is geared toward everyone involved in the ostomy world. Psychological effects in ostomates will be exposed and connected to solutions provided by technology and collaborative work with stakeholders. Working to improve the quality of life of these incredible people is possible and exciting.

Spanish version
La sesión está dirigida a todos aquellos involucrados en el mundo de la ostomía. Los efectos psicológicos en los ostomizados serán expuestos y conectados a soluciones propuestas por la tecnología y el trabajo colaborativo entre distintas partes involucradas en el cuidado y atención de los mismos. Trabajar para mejorar la calidad de vida de estas increíbles personas es posible y emocionante.

Saddleback
Karen Anaid Solis Gonzalez

3:00pm-5:00pm
21+ Issues Open Rap
This will be a facilitated session in which the attendees will have an opportunity to discuss with their peers issues of concern or successes they have achieved.

Woodbridge
Brian Arseneau, Collin Jarvis, Facilitators

3:00pm-5:00pm
An Open Forum with GLO (Gay, Lesbian Ostomates)
Join with gay and lesbian ostomates and members of the GLO Network as they discuss how an ostomy impacts their life style.

Oak Creek
Connie Confer
3:00pm-5:00pm
TSA Travelling – Understanding the TSA
Curious about TSA and how to make your air travel as an ostomate less complicated? Learn what to expect going through TSA security and how to make the process go easier.
Theater
Colleen Stone, Program Specialist, Customer Service Manager
Sponsored by Convatec

5:30pm-9:30pm
Newport Harbor Sunset Dinner Cruise
Optional Outing
Tickets Required in Advance
Cheryl Ory, Molly McPeek, Organizers

SATURDAY, August 26, 2017

6:30am - 7:30am
Tai Chi
Session consists of warm ups, learning and doing the Tai Chi moves & cool downs. You do not need to know Tai Chi so come and join in. All are welcome.
Salon DE
Eileen Bohrer, a trained Tai Chi for Arthritis Instructor

8:00am-12:00noon
Stoma Clinic Open
Location to be announced at sign-in. Sign up at Registration desk, space is limited. Please note that you MUST sign up for this and times are set. This is FIRST COME FIRST SERVE!
Frances Wilson, CNS, CWOCN, CFCN, Manager

8:30am-9:30am
Visitor Program: Why is it Important?
One of the requirements of affiliation with UOAA is for the support group to have an active ostomy patient visitor program. UOAA provides each group that affiliates with a Visiting Program DVD and training manual. In this session you will learn about the requirements, how to deal with HIPPA, the process to use these resource materials and how to conduct workshops for your group.
Salon B
Al Nua, Teri Stickel, Jane Johnson, CWOCN

8:30am-9:30am
Advocates for a Positive Change
UOAA has been making some exciting new changes! Come hear what UOAA's Advocacy Program is doing for you. Session will include a review of our 2017 advocacy priorities, an update on the most recent developments, and information on how you can get involved in our grassroots efforts.
Trabuco A/B/C
Jeanine Gleba, UOAA Advocacy Manager, Joanna Burgess-Stocks BSN, RN, CWOCN, Advocacy Committee Chairperson and Member MBoD
8:30am-9:30am
G.I…. want to know more?
A humorous in-depth look at how the G.I. tract functions before and after bowel and bladder diversion surgery.

Saddleback
Joy Hooper, RN, BSN, CWOCN, OMS, WCC; Anita Prinz, RN, MSN, CWOCN

8:30am-9:30am
ASK the Wound Ostomy Continence Nurse
If you still have questions about stoma pouching systems, skin issues and management, here is your opportunity to get them answered.

Salon DE
Bonnie Alvey, ACNS-BC, APRN, WOCN

9:45am-12noon
Short Bowel Syndrome
- SBS Diagnosis
- Treatment, the GATTEX™ story…a prescription medicine used in adults with SBS who need additional nutrition or fluids from intravenous feeding.
- Shire Patient Services… The “Ambassador Program”... a doctor moderated panel of patients relating their SBS stories.
- Ask the doctors about SBS

Saddleback A/B/C
Presenters to Be Determined.

9:45am-12noon
The New Post-Op Sexual You
Participants will: Learn of the true importance of the sexual health and the benefit for the individual/partner/relationships.
- Discuss how a person approaches change and how that influences the way sexuality evolves ... part of me has changed, so what does that do to me as a person?
- Assess how a person reacts to the changes they undergo (Fight, Flight or Freeze) and how they are doing with the new adaptations.
Examine where the person wants to go from here. Patting yourself on the back no matter what the circumstances, and fine tuning for the future.

Salon DE
Dr. Michael Krychman, OBGYN, Keagan Lynggard-Hysell, Chris Hysell
Sponsored by ConvaTec

9:45am-12noon
Medicare Issues and Medicare Fraud
This session will address the various issues surrounding Medicare such as entitlements, enrollment, procedure, enrollment, procedure for reimbursements. It will also address the government’s expanding concern regarding fraudulent claims.

Trabuco A/B/C
Gene Campbell
9:45am-12noon
Barrier Cooking Show
Learn what technology and types of contents make up your ostomy appliance barriers. Not complicated technical content, but references to familiar things (chewing gum, oranges, gummy bears to connect with PIB, pectin, gelatin). Everyone wears chef’s hats and participates in this hands-on fun session.

Salon A
Dr. Michael Taylor, Principal Research Scientist, Hollister Corporation
Sponsored by Hollister

1:00pm-2:30pm
Pre & Probiotics Supplements & Nutrition
Concerned about ensuring that you are getting the proper nutrition since having ostomy surgery? Things change…your nutritional needs change and those who are wishing to maintain health may have to make a few changes of their own. This workshop is a must session for anyone who wants to keep their gut happy.

Salon DE
Kelly Issokson, MS, RD, CNSC

1:00pm-2:30pm
Medical Insurance Issues for Those Not Eligible for Medicare and the Challenge of Financial Planning
This workshop will address the issues of primary medical insurance for the ostomate who is not eligible for Medicare. And, in light of today’s economic uncertainty how to prepare financially to ensure that there is gold in the golden years will be a topic for discussion.

Trabuco A/B/C
Michael Valiente and Michael Butts, Insurance Specialists and Financial Planners

1:00pm-2:30pm
Ostomate Fitness & Exercise
Physical Activities for the Young in Age, or Young at Heart Ostomate
Have you wondered if you can get back into that workout routine you had prior to surgery? See and gain insight as to how to start a workout routine, what is best for your body and ask questions while seeing how to perform some of the basic workout techniques.

Saddleback
Lara Leininger, BSN, BC-RN, WOCN; Angela Richardson, BSN, RN, CWOCN, Collin Jarvis
Sponsored by ConvaTec

1:00-2:30pm
What’s New for Crohn's & Colitis
Come learn about Crohn's disease and Ulcerative colitis, diagnosis, medical management strategies, surgery and new treatments.

Salon B
Dr. Namisha Parekh, Director IBD, MD, MPH

1:00pm-2:30pm
Diabetes Update
Diabetes is a disease in which the body’s ability to produce or respond to the hormone insulin is impaired. It is a serious condition common to the general population. This workshop will update you regarding symptoms, diagnosis and the newest treatments.

Salon A
Dr. Linda Kerr, DNP, RN, FNP-BC, CDE
2:45pm-5:30pm
Closing Ceremonies and Awards
The conference closing ceremonies will include the presentation of a Lifetime Achievement Award to Rolf Benirschke; the presentation of UOAA’s Leadership Awards including the WOC Nurse of the Year Award, Top Doc Award and the ASG Website Award. FOW-USA will present its Service Award.

A short video will be shown of the inspiring motorcycle ride by Molly McPeek and her husband Terry from their home in Michigan to the Conference here in Irvine, California.

Look forward to a thought provoking presentation, "Stepping Stones: Understanding the Power & Importance of Your Story", by Joanna Burgess-Stocks, BSN, RN, CWOCN

We will take a look two years into the future to UOAA’s 7th National Conference in Philadelphia, Pennsylvania and then and the traditional video review of the conference proceedings just concluded by our conference photographer, Chris Hysell.

Salon DE
Ken Aukett, MC
Award Presentations-Ken Aukett, UOAA Co-Founder
Resilient Ride-Molly McPeek
Feature Speaker-Joanna-Burgess-Stocks, BSN, RN, CWOCN
2019 Conference Promotion-Millie Parker, Director, MBoD
Conference in Review Video- Chris Hysell

6:30pm-10:00pm
Closing Night Festivities
- Cook Out
- Cash Bar
- Fashion show with commentators Joy Hooper and Anita Prinz.
- Entertainment
- Dancing to DJ

Hotel Backyard & Pavilion
Cheryl Ory, Molly McPeek, Organizers