

From: Joan McGorry, UOAA Director of Administrative Services
Date: June 23, 2010
Subject: News from the UOAA Office

Dear Friends,

The UOAA Office is moving and the McGorrys are headed back north to Minnesota. Don't worry, I'll be taking the UOAA office with me. Our new home is in Northfield, MN, which is about 25 miles south of Minneapolis. The 800 number will remain the same – **800-826-0826** but the office address will change to **P.O. Box 512, Northfield MN 55057**. For the next year any mail sent to TN will be forwarded to the new address. This exciting event will happen next week. (*I'm up to my ears in boxes!*) The 800 number is being taken care of by Linda Torres. Many of you have spoken to Linda in the past and you may have met her last year in New Orleans at the conference. Linda will continue to work with the UOAA but now it will be long distance. My email address will remain the same: oa@uoaa.org but I'll be on the road for a few days next week so please be patient waiting for my email responses.

Another activity that you might be interested in is the **Great Comebacks Award**. The deadline for applying is just around the corner – July 15, 2010. This is a wonderful program sponsored by ConvaTec and anyone can apply. Leaders please encourage your members to take a look at the program. It may seem that the winners need to be great athletes but if you take a look at the website you can see the winners have also been teachers, farmers and firefighters. The Great Comebacks website is: <http://www.greatcomebacks.com>. Don't be shy. Remember, we've all made "great comebacks!"

The third event that I want to remind you about is the **GYGIG** or **Get Your Guts in Gear** rides. August 6–8 is the Pacific Northwest ride and October 1–3 is the Midwest ride. Take a look at this website for more information: <http://ibdrider.org>. A couple of years ago I met riders as they crossed the finish line and one woman said, as she took off her helmet, "Now that I've done this ride, I feel like I can do anything." What an accomplishment. The UOAA is one of the beneficiaries of these rides and even if you can't ride you might want to make a donation or if you're in the area you can cheer the riders on.

Last but not least, I want to remind you all that we are having a **national election** this fall and I'll be sending out ballots to you in August. Encourage your members to take a look at the candidates on the UOAA website: <http://www.ostomy.org/forum/viewforum.php?f=10>

Keep cool and thanks for all your hard work,

Joan McGorry
Director of Administrative Services